



242 Small Group Study Guide  
Who Do You Think You Are? Part Four  
Salt and Light

1. What is it about darkness that frightens people the most?

Read Matthew 5:13-16. Jesus tells us in this passage that we are the salt of the earth and the light of the world.

2. What do you think Jesus meant when He called His followers salt and light?
3. In what ways have you lost your saltiness or brightness? What can you do to gain them back?
4. Describe a time when the salt and light of another believer impacted you. What did that experience teach you about the importance of being salt and light?

Read Acts 16:25-34. Paul and Silas are perfect examples in this passage of how the power of Christ can change lives when we let our light shine.

5. What are some things you can do to keep your light from burning out in really difficult situations?
  
6. In light of your gifts, abilities, and interests, what are some specific ways that you feel God is calling you to use your light?
  
7. What are some specific things you can do this week to be salt and light to someone you know that is currently in darkness?