



242 Study Guide

Two-Gather: Heart and Soul

Talking through the message with your 242 helps you turn what God is saying to you into action steps. These talking points, questions, and scriptures are designed to help you take the next step.

1. Who is a friend that you would describe as being with you heart and soul? What does that friendship mean to you?

Read 1 Samuel 14:1-23. In this passage, the armor-bearer helps Jonathan navigate obstacles and overcome his wavering faith.

2. In what ways have your friends helped you navigate obstacles and temptations?

3. What can you do to become a stronger and more supportive influence in all of your relationships?

4. Describe a time when your faith was wavering. How did others help you strengthen your faith?

5. What is God wanting you to do that you need the help of others to accomplish?

6. How have you benefitted from being part of a small group? What does your group mean to you?

7. What steps do you need to take to start building relationships with the right people who will be with you heart and soul?

The Bible has much to say about the importance of being a part of Biblical community and having the right people in your life to support and nurture you. Take time to read the following scriptures this week, and as you read them, pray and ask God to place the right people in your life: John 17:20-22, Acts 2:42-47, 2 Corinthians 13:11, John 13:1-17, Galatian